



AMANDA LARCOMBE

APECS Accredited Executive Coach & Supervisor

Overview:

A BACP Accredited Counsellor and APECS Accredited Executive Coach and Supervisor, Amanda draws on over 12 years experience of enabling and developing individuals and organisations. She combines this with over 25 years leadership and management experience in the private, public and voluntary sectors to provide a unique mix of knowledge and skills: business, organisations and the human condition. Underpinned by psychological theory and practice, she is a relational coach who works systemically: able to create the conditions for success with and 'within' individual executives, their teams and their organisations. Amanda specialises in self-care (self-leadership) in both executives and executive coaches: developing resilience, sustainability and optimising potential. She is currently writing a book on this subject for publication by Routledge.

Representative Client Engagements:

- Amanda provided individual and group executive development in support of the Leadership Development Programme of a large public sector organization. Over two years this included the provision of individual Executive Coaching to 65 Senior leaders and the design and delivery of a three day Emotional Intelligence module (Personality, Human Behaviour, Communication & Coaching): a programme that remains integral to the organizations ongoing leadership development offer.
- Amanda worked with the Senior Manager of global energy company (oil & gas) enabling him to develop and deliver an effective change strategy: "Amanda personally coached me during a period of intense change and towards delivery of a best in class program to deliver change into our business. The take up was 100% and impact was tremendous"

Areas of Expertise:

- 1:1 Executive Coaching & Coach Supervision
- Leadership & personal development
- Emotional Intelligence – measuring & growing
- Optimising Leadership capacity & capability
- Self-awareness & Self-leadership
- Identification of Core Values
- Communication
- Coaching/Enabling development

Client Types/Levels of Experience:

Chief Executive, Partner, Financial Director, Managing Director, Marketing Director, Head of Organisational Development, Business Owner, Clinical Services Manager, Senior Matron, Senior Managers

Industry/ Functional Experience:

Oil & Gas, IT, Manufacturing, Engineering, Higher Education, Construction, Independent Health Sector, National Health Service, Professional Services (Legal & Financial), Business Development, Eco-Energy, National & Regional Charities.

Representative Clients:

Royal Cornwall Hospitals Trust, Plymouth University, Expro, CISCO, Manuplas, Care UK, SW Peninsula Health Authority, ROK, Nash & Co Solicitors, The Maypole Project (Kent), Ecoelectric

Cultural/Multi-National Experience:

- Worked with Executives with global responsibilities (Asia/Pacific Region ; European Region)
- Worked within multi-national context (Italian, German, USA, Turkish, Greek, French)

Professional/Corporate Experience:

- Business Owner, Executive Coaching & Therapeutic Support, Coaching Supervision, Leadership Development, Workshop Design/ Delivery, Professional Conduct Team Adjudicator, Author
- Optima Workplace Limited – Director, Executive Coaching, Counselling & Training
- Trustee/Board Member – Education Academy
- Director – Strategic Development (Training)
- Marketing Manager, Graduate Recruitment Manager, Royal Naval Officer (UK & NATO)

Training and Education:

- Association for Professional Executive Coaching & Supervision (APECS) Accreditation
- British Association for Counselling & Psychotherapy (BACP) Accredited Counsellor/Psychotherapist
- Master of Arts in Professional Studies
- Advanced Diploma in Integrative Counselling
- Certificates in Coaching, Supervision & Cognitive Behavioural Therapy (CBT)
- Transactional Analysis

Professional Affiliations:

- Accredited Member APECS
- Accredited Member BACP
- Member of Association of Coaching

Certifications:

- Supervision
- British Psychological Society Registered Test User (Occupation/Personality)
- Emotional Capital Report / Emotional Capital Report360
- Saville Consulting WAVE Professional Styles/ WAVE Professional Styles 360
- Cognitive Behavioural Therapy
- Transactional Analysis