

# The GP Update Course

## Red Whale

The one-day update course by GPs for GPs, GP STs and General Practice Nurses

*Do you ever feel like you are drowning in information or lack confidence in treating some conditions?*

*Do you find it hard to be sure what is important for your practice from all the new guidelines?*

*Do you struggle to produce coherent appraisal evidence each year?*

**The GP Update course is very relevant for clinical practice and will help you meet the requirements for appraisal and revalidation**

Using a lecture based format, with plenty of time for interaction, the GP presenters discuss the results of the most important new evidence and guidance, and concentrate on what it means to you and your patients in the consulting room tomorrow.

To help you prepare for your annual appraisal and revalidation we have a range of practical tools and offer an online service that tracks your learning throughout the year to avoid those last minute pre-appraisal panics.

We'll use humour and video clips to illustrate points being made, to keep you focused and awake.

**What's not included:** This course contains NO theorists, NO gurus, NO pharmaceutical sponsors, NO reps on the day! Just real-life GPs who will be back seeing patients as soon as the course has finished.



*'When you said you were taking me out for the evening I wasn't expecting a flu jab'*

### Who is this course for?

This course is open to GPs, Nurses and Nurse Practitioners.



## What will be covered?

This one-day course offers a wide-ranging, evidence-based programme, covering the latest guidance and major developments across all areas of general practice: from chronic conditions to Musculoskeletal medicine, from Mental health to Gastroenterology and many more in between.

## The GP Update Handbook

Delegates receive a copy of the GP Update Handbook. This fully-referenced handbook covers the most important research, policy and guidance relevant to primary care over the last 5 years. Much more than just a set of lecture notes, the Handbook is a fully referenced resource that can be used in the consultation, as a learning tool, a source for tutorials and exam revision.

## GPCPD.com

You'll also get **one year's FREE subscription to [www.GPCPD.com](http://www.GPCPD.com)**. With three times the content of the handbook, it allows you to capture CPD credits as you read on the site and use it in consultations! It also comes with focused learning activities to earn further CPD credits.

## Who are we?

Red Whale is one of the leading providers of primary care medical and nursing education in the UK with over 13,000 primary care practitioners attending our courses each year. We specialise in producing courses that are evidence-based, highly relevant to everyday practice and full of actions that delegates can take away and implement immediately.

For more details, go to [www.gp-update.co.uk](http://www.gp-update.co.uk)

Red Whale | GP Update and Devon CEPN  
are pleased to bring you:



**The GP Update Course on 7<sup>th</sup> February 2018, 10:00 - 16:00, at  
China Fleet Country Club  
Saltash  
Cornwall  
PL12 6AJ**

Registration is open from 9:30. Lunch and refreshments are provided.

For more information and to book, please go to:

<https://devoncepn.co.uk/gps/event/151-red-whale-one-day-gp-update-course>

This course is only open to those practising within the Devon CEPN area. By booking onto this course you agree to GP Update Limited sharing the delegate list with Devon CEPN to confirm the eligibility of each individual attending.

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